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# Cambridge English

# EMPOWER

**PRE-INTERMEDIATE  
STUDENT'S BOOK**

**B1**

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# Contents

| Lesson and objective   | Grammar  | Vocabulary                        | Pronunciation                                    | Everyday English                               |
|--|--|-----------------------------------|--|--|
| <b>Unit 1 Communicating</b>                                    |  |                                   |  |  |
| <b>Getting started</b> Talk about sharing things on your phone |  |                                   |  |  |
| <b>1A</b> Ask and answer personal questions                    | Question forms   | Common adjectives                 | Syllables and word stress<br>Sentence stress     |  |
| <b>1B</b> Talk about how people communicate                    | Present simple and present continuous                            | Adverbs                           | Long and short vowels                            |  |
| <b>1C</b> Greet people and end conversations                   |  |                                   | Sentence stress                                  | Greeting people;<br>Ending a conversation      |
| <b>1D</b> Write a personal email                               |  |                                   |  |  |
| <b>Review and extension</b> More practice                      |  | <b>WORDPOWER</b> like             |  |  |
| <b>Unit 2 Travel and Tourism</b>                               |  |                                   |  |  |
| <b>Getting started</b> Talk about holiday activities           |  |                                   |  |  |
| <b>2A</b> Talk about past holidays                             | Past simple  | Tourism                           | -ed endings                                      |  |
| <b>2B</b> Describe difficult journeys                          | Past continuous  | Travel collocations               | Sentence stress: vowel sounds                    |  |
| <b>2C</b> Ask for information in a public place                |  |                                   | Joining words                                    | Asking for information in a public place       |
| <b>2D</b> Write a travel blog                                  |  |                                   |  |  |
| <b>Review and extension</b> More practice                      |  | <b>WORDPOWER</b> off              |  |  |
| <b>Unit 3 Money</b>  |  |                                   |  |  |
| <b>Getting started</b> Talk about shopping                     |  |                                   |  |  |
| <b>3A</b> Talk about experiences of generosity                 | Present perfect or past simple                                   | make / do / give collocations     |  |  |
| <b>3B</b> Talk about spending and saving money                 | Present perfect with <i>just</i> , <i>already</i> and <i>yet</i> | Money                             | Sound and spelling: /dʒ/ and /j/                 |  |
| <b>3C</b> Talk to people in shops                              |  |                                   | Sentence stress                                  | Talking to people in shops; Paying at the till |
| <b>3D</b> Write an update email                                |  |                                   |  |  |
| <b>Review and extension</b> More practice                      |  | <b>WORDPOWER</b> just             |  |  |
| <b>Unit 4 Social Life</b>                                      |  |                                   |  |  |
| <b>Getting started</b> Talk about weddings                     |  |                                   |  |  |
| <b>4A</b> Talk about your plans for celebrations               | Present continuous and <i>going to</i>                           | Clothes and appearance            | Sound and spelling: <i>going to</i>              |  |
| <b>4B</b> Plan a day out in a city                             | <i>will</i> / <i>won't</i> / <i>shall</i>                        | Adjectives: places                | Sound and spelling: <i>want</i> and <i>won't</i> |  |
| <b>4C</b> Make social arrangements                             |  |                                   | Sentence stress                                  | Making arrangements                            |
| <b>4D</b> Write and reply to invitations                       |  |                                   |  |  |
| <b>Review and extension</b> More practice                      |  | <b>WORDPOWER</b> look             |  |  |
| <b>Unit 5 Work</b>   |  |                                   |  |  |
| <b>Getting started</b> Talk about people at work               |  |                                   |  |  |
| <b>5A</b> Talk about what people do at work                    | <i>must</i> / <i>have to</i> / <i>can</i>                        | Work                              | Word stress                                      |  |
| <b>5B</b> Talk about your future career                        | <i>will</i> and <i>might</i> for predictions                     | Jobs                              | Sound and spelling: /ʃ/                          |  |
| <b>5C</b> Make offers and suggestions                          |  |                                   | Sentence stress: vowel sounds                    | Offers and suggestions                         |
| <b>5D</b> Write a job application                              |  |                                   |  |  |
| <b>Review and extension</b> More practice                      |  | <b>WORDPOWER</b> job and work     |  |  |
| <b>Unit 6 Problems and Advice</b>                              |  |                                   |  |  |
| <b>Getting started</b> Talk about being afraid                 |  |                                   |  |  |
| <b>6A</b> Give advice on common problems                       | <i>should</i> / <i>shouldn't</i> ; imperatives                   | Verbs with dependent prepositions | Sound and spelling: /u:/ and /ʊ/                 |  |
| <b>6B</b> Describe extreme experiences                         | Uses of <i>to</i> + infinitive                                   | -ed / -ing adjectives             | -ed endings<br>Word stress                       |  |
| <b>6C</b> Ask for and give advice                              |  |                                   | Main stress                                      | Asking for and giving advice                   |
| <b>6D</b> Write an email giving advice                         |  |                                   |  |  |
| <b>Review and extension</b> More practice                      |  | <b>WORDPOWER</b> verb + to        |  |  |

| Listening and Video  | Reading   | Speaking  | Writing  |
|--|---|---|--|
| Three conversations at a party   | Article: <i>Small Talk</i>                              | Getting to know each other  | Personal questions   |
| Four monologues about technology and communication<br>Meeting an old friend                    | Article: <i>The Fast and the Furious</i>                | Ways of communicating<br><br>Meeting people and ending conversations; Showing interest                    | Sentences about communicating<br><br><b>Unit Progress Test</b>     |
| Conversation: keeping in touch   | Three personal emails                                   | Keeping in touch  | Personal email<br>Correcting mistakes                              |
| Audio diary: <i>Yes Man changed my life</i>  | Diary article: <i>Yes Man changed my life</i>           | Types of holiday; A holiday you enjoyed   |  |
| Monologue: a bad flight  | Two news stories about problems on journeys             | Retelling a news story; Problems on journeys  |  |
| At the train station   |   | Asking for information in a public place; Asking for more information                                     | <b>Unit Progress Test</b>  |
| Conversation: travelling to Indonesia  | Travel blog   | Writing blogs and diaries   | Travel blog<br>Linking words                                       |
| Radio biography: Philip Wollen   | Web forum: <i>Generosity Day</i>                        | Experiences of generosity   |  |
| Three monologues: spending habits  | Quiz: <i>What kind of spender are you?</i>              | Spending and saving money   | Sentences about spending   |
| Shopping for a present   |   | Talking to people in shops; Changing your mind  | <b>Unit Progress Test</b>  |
| Four monologues: raising money for charity   | Email: update on raising money for charity              | Charities   | Update email<br>Paragraphing                                       |
| Interview: May Ball;<br>Audio blog: Indian wedding<br>Conversation: Mike and Harry in Tokyo    | Article: <i>Life in numbers</i>                         | Future plans; Preparations for special occasions<br>Tokyo highlights;<br>Planning a day out in a city     | Notes on a city you know well                                      |
| Arranging to meet; birthday dinner   |   | Making arrangements;<br>Making time to think  | <b>Unit Progress Test</b>  |
| Three monologues: socialising  | Two emails: invitations                                 |   | Invitations and replies  |
| Three monologues: work   | Infographic: <i>The happiest jobs</i>                   | What makes people happy at work; Job qualities and requirements   | Workplace rules  |
| Three interviews: future careers   | Article: <i>Planning a safe future career</i>           | Your future career; The future world of work  | Predictions: finding a job / world of work                         |
| Leaving work early   |   | Offers and suggestions; Reassurance   | <b>Unit Progress Test</b>  |
| Conversation: a summer job   | Email: Job application                                  | Summer jobs   | Job application<br>Organising an email                             |
|  | Article: <i>How to deal with life's little problems</i> | Common problems and possible solutions; Advice for people who are always late                             | Advice on a common problem   |
| Two interviews: <i>Sharks saved my life</i> (Part 2) / Skydiving accident<br>Advising a friend | Article: <i>Sharks saved my life</i> (Part 1)           | Emotional experiences; Stories about dramatic events<br>Asking for and giving advice;<br>Showing sympathy | Notes about a dramatic event<br><br><b>Unit Progress Test</b>      |
| Three monologues: problems   | Wiki: Advice for learners of English                    | Advice  | Message giving advice; Linking: ordering ideas and giving examples |

| Lesson and objective                                |   | Grammar  | Vocabulary  | Pronunciation                                      | Everyday English   |
|---|---|--|---|--|--|
| Unit 7 Changes                                      |   |  |   |  |  |
| Getting started Talk about different generations    |   |  |   |  |  |
| 7A  | Talk about life-changing events           | Comparatives and superlatives                    | Life events with <i>get</i>                                   |  |  |
| 7B  | Describe changes in lifestyle             | <i>used to / didn't use to</i>                   | Health and fitness collocations                               | Sound and spelling: <i>used to / didn't use to</i> |  |
| 7C  | Talk to the doctor                        |  | Health problems and treatments                                | Tones for asking questions                         | Describing symptoms; Doctors' questions                        |
| 7D  | Write a blog about an achievement         |  |   |  |  |
| Review and extension More practice                  |   |  | WORDPOWER <i>change</i>                                       |  |  |
| Unit 8 Culture                                      |   |  |   |  |  |
| Getting started Talk about a painting               |   |  |   |  |  |
| 8A  | Talk about art, music and literature      | The passive: present and past simple             | Art and music; Common verbs in the passive                    |  |  |
| 8B  | Talk about sports and activities          | Present perfect with <i>for</i> and <i>since</i> | Sports and activities   | Word stress  |  |
| 8C  | Apologise, make and accept excuses        |  |   | Tones for continuing or finishing                  | Apologies and excuses  |
| 8D  | Write a book review                       |  |   |  |  |
| Review and extension More practice                  |   |  | WORDPOWER <i>by</i>   |  |  |
| Unit 9 Achievements                                 |   |  |   |  |  |
| Getting started Talk about an unusual student       |   |  |   |  |  |
| 9A  | Talk about future possibilities           | First conditional                                | Degree subjects; Education collocations                       | Word groups  |  |
| 9B  | Describe actions and feelings             | Verb patterns                                    | Verbs followed by <i>to</i> + infinitive / verb + <i>-ing</i> |  |  |
| 9C  | Make telephone calls                      |  |   | Main stress: contrastive                           | Telephoning people you don't know; Telephoning people you know |
| 9D  | Write a personal profile                  |  |   |  |  |
| Review and extension More practice                  |   |  | WORDPOWER Multi-word verbs with <i>put</i>                    |  |  |
| Unit 10 Values                                      |   |  |   |  |  |
| Getting started Talk about seeing a crime           |   |  |   |  |  |
| 10A   | Talk about moral dilemmas                 | Second conditional                               | Multi-word verbs  | Sentence stress: vowel sounds                      |  |
| 10B   | Describe problems with goods and services | Quantifiers; <i>too / not enough</i>             | Noun formation  | Word stress<br>Sound and spelling: verbs and nouns |  |
| 10C   | Return goods and make complaints          |  |   | Sentence stress                                    | Returning goods and making complaints                          |
| 10D   | Write an apology email                    |  |   |  |  |
| Review and extension More practice                  |   |  | WORDPOWER Multi-word verbs with <i>on</i>                     |  |  |
| Unit 11 Discovery and Invention                     |   |  |   |  |  |
| Getting started Talk about robots                   |   |  |   |  |  |
| 11A   | Explain what technology does              | Defining relative clauses                        | Compound nouns  | Word stress: compound nouns                        |  |
| 11B   | Describe discoveries                      | Articles   | Adverbials: luck and chance                                   |  |  |
| 11C   | Ask for and give directions               |  |   | Sound and spelling: /ɔ:/ and /ʒ:/                  | Asking for and giving directions in a building                 |
| 11D   | Write a post expressing an opinion        |  |   |  |  |
| Review and extension More practice                  |   |  | WORDPOWER preposition + noun                                  |  |  |
| Unit 12 Characters                                  |   |  |   |  |  |
| Getting started Talk about taking care of an animal |   |  |   |  |  |
| 12A   | Tell a story                              | Past perfect                                     | Animals   | Sound and spelling: /ɒ/, /ɔ:/ and /əʊ/             |  |
| 12B   | Talk about family relationships           | Reported speech                                  | Personality adjectives  | Sentence stress: <i>that</i><br>Word stress        |  |
| 12C   | Agree and disagree in discussions         |  |   | Main stress: contrastive                           | Agreeing and disagreeing                                       |
| 12D   | Write a short story                       |  |   |  |  |
| Review and extension More practice                  |   |  | WORDPOWER <i>age</i>  |  |  |
| Communication Plus p.127                            |   | Grammar Focus p.142                              |   | Vocabulary Focus p.133                             |  |

| Listening and Video  | Reading   | Speaking   | Writing   |
|--|---|--|---|
| Two radio monologues: <i>One minute inspiration, Rivaldo; Sylvester Stallone</i> | Quotes: life changes<br>Article: <i>1950s and today</i>   | Comparing yourself in the past and now;<br>Life-changing events<br>Changes in lifestyle and health | Vocabulary definitions<br>Sentences about changes in health                         |
| At the doctor's  |   | Talking to the doctor: describing symptoms; responding to questions                                | Unit Progress Test  |
| Three monologues: making a change  | Blog: <i>Living to change</i>   | Making positive changes  | Blog: changes / achievements<br>Linking: ordering events                            |
|  |   |  |   |
|  | Article: <i>Six of the best, biggest and most popular</i>                                       | Art, music and media   | Sentences about art and music   |
| Radio show: <i>I can't believe it!</i>   |   | Record breakers; Sports and activities   | Sentences about yourself;<br>Notes about sports and activities                      |
| Accepting an apology   |   | Apologising; making and accepting excuses  | Unit Progress Test  |
| Three monologues: book reviews   | Four book reviews   | Books and reading  | Book review<br>Positive and negative comments;<br>Linking: <i>although, however</i> |
|  |   |  |   |
|  |   |  |   |
| Five monologues: study habits  | Article: <i>Unusual degrees</i>   | Degree subjects;<br>Future possibilities   | Real possibilities; Future plans  |
| Radio interview: shyness   | Article: <i>The not-so-easy lives of celebrities</i>  | Shyness; Celebrity problems;<br>Actions and feelings   |   |
| Telephoning  |   | Telephoning; Dealing with problems on the phone  | Unit Progress Test  |
| Conversation: Online courses   | Two student profiles  | Advantages and disadvantages of online learning  | Personal profile<br>Avoiding repetition   |
|  |   |  |   |
|  |   |  |   |
| Radio news: illegal downloading  |   | Dishonest behaviour; Honesty quiz  | Unreal situations   |
| Radio news: <i>Complaints around the world</i>                                   | Article: <i>The biggest complainers in Europe</i>   | When would you complain?   |   |
| Returning goods to a shop  |   | Returning goods and making complaints; Sounding polite   | Unit Progress Test  |
| Three monologues: rudeness   | Three emails: apologies   | Rude behaviour   | Apology emails<br>Formal and informal language                                      |
|  |   |  |   |
|  |   |  |   |
| Radio report: inventions   | Article: <i>Science fiction: They thought of it first!</i><br>Article: <i>Lucky discoveries</i> | Definitions;<br>Describing inventions<br>Discoveries and inventions                                | Unexpected events   |
| Lost in a building   |   | Asking for and giving directions in a building; Checking information                               | Unit Progress Test  |
| Radio phone in: inventions of the future   | Four opinion web posts: important inventions  | Useful inventions / important inventions   | A web post<br>Giving opinions; Expressing results and reasons                       |
|  |   |  |   |
|  |   |  |   |
| Radio news: <i>Willie the Parrot</i>   | Article: <i>Jambo's story</i>   | Experiences with animals;<br>Animal life-savers  | Animals causing problems  |
| Three monologues: sibling rivalry  | Article: <i>Brothers and Sisters – The Facts</i>  | Memorable things people say; Family personalities; Sibling relationships                           | Things people have said to you  |
| Discussion at the gym  |   | Agreeing and disagreeing in discussions  | Unit Progress Test  |
| Monologue: story   | Story: unexplained events   | Fact or fiction?   | Narrative<br>Linkers: past time   |
| Audioscripts p.166   |   | Phonemic symbols and Irregular verbs p.176   |   |